

# Medicines of Light:

## Protection and Healing from Radiation Poisoning, Neurotoxins, Bacteria and Viruses.

### A Hathor Planetary Message through Tom Kenyon

With the earthquake in New Zealand, followed by the earthquake in Japan, it is clear that you have entered a more complex phase of the Chaotic Node.

We wish to impart a method for protection and healing from radiation poisoning as well as other physical conditions. We call this *Medicines of Light*.

This is obviously related to current events unfolding in Japan, however, as future earth changes unfold, you may face similar challenges in your near future from other locations around the world.

This method will assist you to both protect and heal yourself from exposure, not only to radioactivity, but also to neurotoxins and to mutating forms of bacteria and viruses. From our perspective you can expect to see an increase of these in your near timeline.

The method involves connecting to your Celestial Soul, the BA. This action is to connect to the realms of light that are a part of your being. Everything that exists in your cosmos can be viewed as a *qualification or energetic expression of light*—even your densest forms of matter are essentially a form of light.

In this method you connect to your Celestial Soul, holding the intent and expectation that it will impart to you an energetic that protects and/or heals you. You send this intent to your Celestial Soul with the emotional vibration of appreciation or gratitude. This is simply the vibrational resonance that activates this higher aspect of your being.

Once you send this intent conjoined with appreciation or gratitude to your BA, you shift your awareness into your heart chakra, receiving the energetic of healing or protection into the heart chakra. You might experience this energetic as a form of light, or as geometric patterns, or you may feel the sensation of a descent of energy. You may also experience this energetic simply as a thought/feeling.

Once the energetic is received in the heart chakra, it is ready to send.

For this phase you will need some pure water, since water holds this type of information extremely well. Holding a container of water in your hands, through intent, you send this energy that is in the heart chakra down the arms into the hands and through the chakras that are in the center of each palm. The energetic enters the water through this pathway.

We suggest you amplify this energetic by repeating the procedure three times, for a total of three times—two more times in addition to the first. You then drink the water. The water permeates the water element of your body, and the healing and protective qualities eventually enter every cell.

Through this action you are qualifying light, causing it to descend through the central pathway of your body into your heart and sending it into the water element. The consciousness of the water receives this energetic, and when you drink it, the body receives it.

If you find yourself in a situation where you have been exposed to radioactivity you would engage this procedure as we have described it, qualifying the energy that descends from the BA to protect and heal you from any possibility of radiation poisoning. If you have other means to protect yourself, you should obviously engage these as well, but even if you are left with nothing but the tools of your own consciousness, you can protect and heal yourself.

If you have been exposed to neurotoxins you would do the same. If you are in the midst of an epidemic that involves bacterial or viral infections, we advise you to do the same.

As you collectively enter more deeply into this more complex and intense phase of the Chaotic Node, bacteria and viruses will mutate faster. This method will allow you to protect and heal yourself from these mutating life forms.

It is important to understand that you are creating the protection and healing through the powers of your own consciousness. You have direct access to your own light realms. You have the sovereign right to engage the light realms on your own behalf and on the behalf of your loved ones.

If you find yourself in one of these difficult situations we have described, we suggest you take the Medicine of Light—which is the water that you have charged—several times a day, as your intuition guides you.

The physical ramifications of the earthquake activity in Japan and the resulting tsunami are very difficult to deal with. But we wish to shift our attention from the physical to the mental, emotional, and spiritual effects created by such a disaster,

Due to the fact that you are in a Chaotic Node and energies from deep space conjoined with solar flare activity are affecting your energy bodies, you, as a collective, are more affected. What we mean by this is that witnessing the suffering of your fellow humans shatters the heart. There is a recognition that their predicament could easily be yours. This recognition can create an opening in your heart, and it is through the heart—your heart—that higher states of consciousness are realized, and so the earthquake in Japan is, in many ways, an earthquake of the collective heart.

The times before you are not easy. From our perspective, increased earth changes are upon you. But one result of such events is that you are shaken to your roots and the mass hypnosis pauses for a moment. And in such utter and surrealistic devastation, many of you see very clearly that your civilization rests on tenuous grounds. We mean this both literally and figuratively.

And so our advice for this phase of the Chaotic Node is to learn and master the ability to create Medicines of Light for yourself, so that when the time arises, you know how to engage this power of protection and healing that you possess in your very nature. And we suggest you navigate through these times not only with your minds, but with your hearts—and let your hearts be touched, for it is through your hearts that you will ascend the spiral pathway to your own greatness.

## **The Hathors**

**March 16, 2011      0**

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## Tom's Thoughts and Observations

I have been channeling the Hathors for about twenty years now and started posting their Planetary Messages in February of 2003. And in all that time I have never sensed in them such an urgency to post one of their communications. Usually, I am given several days to dwell on and contemplate their messages before writing my comments. But that luxury does not exist in this moment. They have asked Judi and me to post this particular message as soon as possible, and so I will make my comments brief and to the point.

The central message here is that all human beings have the ability to create what the Hathors call *Medicines of Light*. And this type of medicine has an inherent capability and potential to protect and heal us not only from radioactive poisoning, but also from the effects of neurotoxins, as well as bacterial and viral infections.

The method is simple and to the point. Since some of you reading this may be new to the whole idea of a Celestial Soul (or BA), let me clarify its location and how to engage it. The BA, or Celestial Soul, is an aspect of your own consciousness that is outside the constraints of time and space. Some of you might refer to the Celestial Soul as the Higher Self. But whatever you call it, your Celestial Soul exists in what the Hathors call *the light realms*, and this aspect of you is engaged whenever you send it appreciation or gratitude.

Your BA does not have a location in time and space since it is transcendent to both.

But it does have an entry point to your energy field, which is about arm's distance above your head. If you were to raise your hands over your head and touch your fingertips together, your fingers would be in the vicinity of this entry point. And this is where you place your attention in the first phase of their method for creating a Medicine of Light. (Do note that placing of your hands above your head is only for orientation purposes. You do not actually put your hands over your head when creating the Medicines of Light).

Once you place your awareness in the area of your BA point, you hold in your mind the qualification of light you wish to receive. Let's say, for example, that you have been, or will be, exposed to dangerous forms of radioactivity and are in danger of radiation poisoning. After focusing your attention on your BA point above your head, hold the intent that the energy that descends from your BA will be an energetic of healing and/or protection from radiation poisoning.

You then send the feeling of appreciation or gratitude upward from your heart chakra to the BA point above your head—as you hold the intent or qualification that the energetic imparted to you from your BA will protect and/or heal you from radiation poisoning.

Next you shift your attention from your BA point to your heart chakra (in the center of your chest beneath the sternum) and then wait to receive the energetic of protection and healing from your BA.

Those of you new to this may need to send the intent or qualification along with the feeling of appreciation or gratitude to your BA several times before you notice a response. But just keep sending this intention joined with the feeling of appreciation or gratitude upward to your BA until you feel a descent of energy. When you feel the descent of energy from your Celestial Soul, shift your awareness to your heart chakra. Allow your heart center to receive this energetic of protection and healing.

You then place your hands around or over a container of pure water and send this energetic received from your Celestial Soul into the water. The energetic of healing and/or protection that has entered your heart center will move down your arms and into the water through the two chakras that are in the center of the palm of each hand.

Repeat this process for a total of three times. Then drink the water.

If you are in a precarious situation, the Hathors advise that you create a Medicine of Light several times a day and drink it according to your intuition.

As the Hathors point out, Medicines of Light have many more applications than just protection and healing from radiation poisoning. You can use these to protect and/or heal yourself from neurotoxins, as well as bacterial and viral infections. Although they did not mention it, I asked the Hathors after they gave this message if the method would work for other physical challenges such as cancer. And they said that Medicines of Light could most definitely be created in the same way to deal with this type of situation—as well as others.

Obviously, if you are dealing with a serious situation such as radiation poisoning, exposure to neurotoxins, and/or epidemics of bacterial and viral infections, you will want to avail yourself of all medical remedies. In other words, this method is not meant to replace medical or public health solutions, but is meant to be an adjunct, something you can do *yourself—for yourself*.

After giving their message, I asked the Hathors about making Medicines of Light for those who are unable to do it for themselves, like children and pets. They said that you would use the same method, except for the fact that you would qualify the intent for the child or animal you are going to give the Medicine to. For example, if you were creating a Medicine of Light to protect or heal yourself from radiation poisoning, you would send the thought that the energetic you are going to receive from your Celestial Soul is for your own personal protection or healing. If you were going to do this for a child or a pet, you would send the thought that the energetic you are going to receive from your Celestial Soul is for the protection or healing of the being you are going to give the Medicine to, i.e. your child or your pet.

It is here that I would like to interject something. It is far better to teach someone how to create a Medicine of Light than to create a dependency. The ability to create Medicines of Light is an inherent ability in all human beings. It is part of our multidimensional legacy. And to empower someone to do this for him or her self is a service to his or her mastery.

I would personally hate to see this method being used by “healers” to create Medicines of Light for others under the guise that they have some special powers that others do not. This method for creating Medicines of Light is a human birthright, and my feeling is that it should be shared with all persons.

There is much that I would like to share about this simple method for creating Medicines of Light, but philosophical and metaphysical observations will have to wait for another time.